The Philippines, located in Southeast Asia, consists of 7,107 islands in three main groups: Luzon, Visayas and Mindanao. The capital is Manila, which is part of the National Capital Region. To the north of the Philippines lies Taiwan; to the west across the South China Sea (West Philippine Sea) is Viet Nam; to the southwest lies Malaysia across the Sulu Sea; to the south the Celebes Sea separates it from other islands of Indonesia; and to the east is the Philippine Sea. Its location on the Pacific Ring of Fire and closeness to the equator makes the country prone to earthquake, typhoons and volcanic activity.

Negros Island Region was created by virtue of Executive Order 183 issued on May 29, 2015. It is composed of the provinces of Negros Occidental and Negros Oriental.