Cairo, 28 June 2020 -- The World Health Organization (WHO) has confirmed more than one million cases of COVID-19 in the 22 countries of the Eastern Mediterranean Region. As of 11 am today, 1 035 991 cases and 23 731 deaths have been recorded from the Region spanning Morocco to Pakistan.

While cases in Europe have been largely declining, countries in the Eastern Mediterranean Region have been seeing increases in cases and deaths. Countries recently reporting increases in cases are Iran, Iraq, Libya, Morocco, the occupied Palestinian territory, and Oman. WHO is concerned about the spread of COVID-19 in war-torn countries such as Syria, Yemen, and Libya due to poor infrastructure and fragile health systems vastly weakened by conflict. In all countries, there is still a clear need for expansion of testing and more accurate reporting of cases and deaths to inform targeted responses.

"This is a very concerning milestone. As shops, restaurants, mosques, businesses, airports and other public places begin to open up, we need to be more vigilant and cautious than ever before. One million people have been infected, tens of thousands have died, and many more are still at risk in our Region. We cannot relax our efforts. In fact, many countries lifting restrictions are seeing marked increases in cases, which signifies the need to accelerate public health response measures. Communities must remain vigilant and play a key role in keeping themselves and their countries safe," says Dr Ahmed Al-Mandhari, WHO Regional Director for the Eastern Mediterranean.

As countries also begin opening up points of entry, there is an increased risk of a resurgence of travel-related cases, requiring stricter measures to be in place at borders, especially land crossings. Also of concern are migrants in the Region who are now returning to their home countries, which may impact the situation in other WHO regions.

Epidemiologists and other WHO specialists are working closely with governments in the Region to provide guidance on gradual re-openings and ways to minimize and respond to flare-ups of the virus. WHO continues to equip the Region's health systems with test kits, protective gear, and supplies needed to treat COVID-19 patients, while working to evaluate how the COVID-19 situation will evolve over the coming months.

Whiles measures are being lifted, WHO’s calls to countries becomes even more critical: sustained efforts must be made to find, isolate, test and treat all cases, and trace every contact. Holding of mass gatherings must be reviewed from a public health risk-assessment approach.

Individuals must follow an equally rigid process to protect themselves and others by practicing regular hand hygiene measures, follow proper coughing and sneezing protocol, ensure physical distancing, and wear masks in public settings as directed by our respective national health authorities. Members of the public need to be cautious of symptoms, stay home if they feel sick, and seek medical care immediately if needed.

"Sadly, we cannot behave as if the situation will go 'back to normal.' In the coming period, we need to see a shift in attitudes and actions," says Dr Al-Mandhari. "Now is the time for a sustained commitment from both governments and individuals."