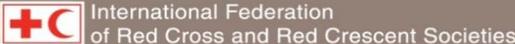




Emergency Plan of Action (EPoA)

Russian Federation: Perm University Armed Attack



DREF n°	MDRRU026	Glide n°:	OT-2021-000144-RUS
Date of issue:	30 September 2021	Expected timeframe:	4 months
		Expected end date:	31 January 2022
Category allocated to the crisis: Yellow			
DREF allocated: CHF 79,508			
Total number of people affected:	3,640 people	Number of people to be assisted:	1,640 people to be assisted 40 staff and volunteers to be trained
Provinces affected:	1	Provinces/Regions targeted:	1
Host National Society presence: 2 MHPSS specialists, 20 volunteers			
Red Cross Red Crescent Movement partners actively involved in the operation: IFRC.			
Other partner organizations actively involved in the operation: none.			

A. Situation analysis

Description of the disaster

A shooting occurred on 20 September 2021 in Perm State Research University. The attack resulted in 6 people being killed, 24 people being hospitalised (including the gunman), out of the total of 37 people injured.

About 7,000 people study and work at the university. About 3,500 people were direct and indirect witnesses of the tragedy. Most of them are youth under the age of 21. It is estimated that at least 1,500 people underwent psychological trauma as a result of the tragic event. These are people who were at the attack site and their relatives.

Population of Perm is about 1,000,000 people which indicates that the University tragedy has in some way affected big part of the city's population. The region has been going through a long-term economic recession that has had a significant impact on the levels of poverty, unemployment and other social problems.

Summary of the current response

Overview of Host National Society Response Action

The Perm regional Russian Red Cross (RRC) branch has been supporting people who suffered in the attack and relatives of people killed in the attack since the day of the tragedy.

The Perm regional RRC branch is an active member of the response task force lead by the EMERCOM.

Volunteers of the Perm regional RRC branch have provided first aid, supported in transportation of injured people, and delivered other services and assistance related to blood donation as required.

The Red Cross in Perm regional branch was supporting health authority in calling for, and promoting, the voluntary blood donation and provided hot meal for blood donors.



Blood donation after attack in Perm. Photo: RRC.

Volunteers of the Perm regional RRC branch are visiting injured in the hospitals. Volunteers of the RRC also were accompanying relatives during funerals, helping at the cemeteries and in churches and ensured PSS during this process.

Russian RC branch in Perm provided victims with specialized MHPSS brochure.

A representative of the Perm regional RRC branch is in regular contact with the authorities. The Perm regional RRC branch took part in the situation analysis and a rapid needs assessment as part of the State Emergency Response Task Force, which was set up by the local authorities. The Russian Red Cross in Perm region agreed with the authorities the provision of MHPSS by the Russian Red Cross.

The Perm regional RRC branch started a fundraising campaign to ensure there are sufficient resources to continue psychosocial support in the medium to long-term after the DREF funding comes to an end.

Perm regional branch of Red Cross (PRC) has experience of short-term and longer-term provision of psychosocial support to different categories of the population. In 2009 the Perm regional RRC branch within the DREF operation successfully provided urgent and mid-term psychosocial support for the people affected by the massive fire accident in the night club. Local population and local authorities highly appreciated this timely and effective response. The resources of the PRC included trained personnel, a psycho-social support model, and an effective model of long-term social and psychological support to people in crisis situations in line with the MHPSS Strategy of the International Federation of Red Cross and Red Crescent Societies (IFRC).

Overview of other actors in Perm region

Overview of Government response action

No UN agencies or international organisations, other than the National Society operate in Perm. Emergency Ministry in Perm region is the leading state agency carrying out comprehensive response to emergencies and crises. There are no local NGOs that are specialised in the provision of psycho-social support. PRC cooperates with the EMERCOM based on the MoU which defines roles and responsibilities of partners and collaboration during emergencies. The Russian RC keeps regular contact with the Ministry of Labour and Social protection and the Ministry of Health. Psychological first aid

and MHPSS to the affected people and victims' families to overcome acute mental health conditions are currently being provided by a group of psychologists of the EMERCOM's Centre of Emergency Psychological Help and by the

departments of the Ministry of Health (46 specialists in total). A 24-hours hot line on MHPSS and informational support is operational under the regional Ministry of Health (+ 7-342-258-40-02. Additional hotlines are established within the Center for Psychological and Pedagogical Assistance of Perm State University under supervision of the EMERCOM specialists, The Perm Regional Psychological Center, the regional clinical psychiatric hospital.

The government of the Russian Federation has decided to allocate about 18.5 million RUB for compensation and assistance to victims in the Perm university. Families of people who died from the shootout will receive RUB 1,000,000 (approximately CHF 15,000) for every victim. People injured in the attack will receive from RUB 100,000 to 500,000 (CHF 2,000 – 4,000).

The local authorities started working immediately after the tragedy to save people's lives and alleviate consequences of the events. Currently, the authorities concentrate their support on provision of emergency psychological help and financial compensations. Over 46 specialists of the EMERCOM and other operative services were deployed. Psychologists of EMERCOM and Health Ministry were helping people, accompanying them during the investigations and were providing latest information both in person and through a hot line. **Expert team in mental health from the Psychological Support Centre (EMERCOM) and Psychiatric Institute (MoH) are deployed for only one month** to provide help and to prepare local experts in mental health focusing primarily on care in the hospital.

Coordination and partnerships

Russian RC coordinates the activities with authorities of Perm region, particularly with the Ministry of Social Development, responsible for organizing assistance to affected people. The letter from the Perm regional administration with confirmation of MHPSS provision to affected people has been received by Russian RC. Russian RC also established interaction with the Perm University and mental health services in the region,

Needs analysis, targeting, scenario planning and risk assessment

Needs analysis

According to official data, 6 people died as a result of the shootout. The total number of injured people is 37; 24 of them are hospitalised. At least 4 people are in critical condition. Several people received severe injuries, including loss of limbs.

Current public emergency response system can address the most acute and urgent tasks on mitigating the consequences of the events, yet it is faced with shortage of resources and specialists when a longer-term (up to 1 year and even more) support is required. Expert team in mental health from the Psychological Support Centre (EMERCOM) and Psychiatric Institute (MoH) are deployed for only one month only. Many people underwent through serious psychological trauma that will need to be addressed for a much longer period, for 4 more months with the current funding ask. Russian RC will continue the efforts on raising funds to ensure PSS services can be provided beyond the timeframe of the DREF.

Pain, mental disorders, loss, and grievance are present in all people who suffered in the attack and their relatives as well as people indirectly affected by the attack. The previous experience of Russian Red Cross in the similar operations last 5 years (attack in college of Kerch, attack in school of Kazan) shows that PSS is needed not only to people who are directly affected by the attack (injured people and families of people who died or suffered in the attack), but also to other people who suffered psychological trauma. People in the latter group includes witnesses to the attack, students and tutors of the University, classmates and friends of victims and others.

The Red Cross therefore focuses on the provision of MHPSS to meet the most acute needs of affected people such as post-trauma care and assistance. Meanwhile, the RRC will look for an opportunity to provide longer-term psychosocial recovery of people.

The necessary legal assistance will be also provided to affected people along with advocacy of their interests with local authorities.

Targeting

Information provided by the emergency and health authorities highlights that people who directly suffered as a result of the tragedy are highly prone to physical and psychological disorders, mental disruptions and anti-social behaviour patterns. The following target groups have therefore been identified by the staff and volunteers of the local PRC branch

Primary target

- 6 families who lost their family members and who need mental health and psychosocial support (MHPSS) services through home visits in Perm and in Perm region
- 37 families of injured who were affected and who need MHPSS services through home visits

Secondary target

- Some 1,500 people out of 3,200 students and tutors who directly witnessed the attack and members of their families. This estimation made based on the previous RRC experience in similar operations.

Tertiary target:

- 20 PSS workers and 20 volunteers of the Red Cross in Perm regional branch will be trained in MHPSS provision to affected people.
- Legal assistance and advocacy for interests affected people with local authorities.

Target category	Number of families	Number of people
Primary target	6 families who lost members	20
	37 families of those injured (including 24 hospitalized)	120
Secondary target	Witnesses and their family members (students and tutors, and their families)	1,500
Tertiary target	N/A	40 people (20 PSS workers and 20 volunteers)

Estimated disaggregated data for population targeted.

Category	Estimated % of target group	% female	% male
Young Children (under 5 years)	-	-	-
Children (5-17yrs)	13%	55%	45%
Adults (18-49 yrs)	80%	57%	43%
Elderly (>50 yrs)	7%	69%	31%
People with disabilities	N/A	N/A	N/A

Scenario planning

Scenario	Humanitarian consequence	Potential Response
Target groups are not receiving the necessary PSS and legal support in the first months	Increasing cases of mental disorders, depression, aggression and suicidal behaviour among people directly and indirectly affected by the shootout	The Russian Red Cross provides mental health and psychosocial support and recovery of people to meet the most acute needs, giving focus also to indirectly affected people,
Target groups are receiving some support legal vs PSS	Affected people will continue be at risk of mental health issues at the longer-term	Russian RC along with MHPSS services, advocate and coordinate with the government the strengthening of MHPSS to affected people

Operation Risk Assessment

- The proposed work is supported by the local administration and therefore will not foresee any major risks to the implementation process.

- The PRC will be building contacts and agreements with regional crisis centre, with regional and local social and psychological services to achieve the aims of the project and to increase the effectiveness of the provided support.
- All necessary COVID-19 protection measures will be observed while providing the services described in this plan of action.

B. Operational strategy

Overall Operational objective:

Reduce the level of psychological impact of some 1,640 people (out of the total of 3,500 people affected) who suffered from the explosions and shooting at Perm University through the provision of mental health and psycho-social support. The target group for MHPSS activities are 6 families of the victims and their relatives, 37 families of injured people and about 500 families of people who were in the university during the attack (approx. 1,500 people) who may suffer psychological trauma.

Mental Health and Psychosocial support for targeted families aims to:

1. Ease emotional pain while in the grieving stage to help people use their own resources to overcome the crisis. Help people accept the situation as it is and to start the recovery process.
2. Reduce the risk of negative affect of stress to the mental health and prevent serious and severe mental disorders.
3. Contribute to building confidence and mastering the methods of self-protection and becoming resilient.
4. Prevent a-social behaviour within families and in other day-to-day situations. This process will help restore importance of values.
5. Equip MHPSS workers and volunteers with burnout prevention skills.

In order to establish the actual impact of the attack and to determine the actual number of affected people, their needs in psychosocial or other types of support and the required duration of this support, an in-depth assessment of the situation and needs will be conducted by the PSS team in the course of DREF operation. This needs assessment will further inform the Emergency Action Plan which is based on the initial analysis of the situation.

The work will be implemented by the PRC through 20 PSS workers and 20 volunteers who will be recruited and prepared to deliver the operation and provide MHPSS support. The Red Cross volunteers will support PSS workers in identification of people in need of psychosocial support, collection and dissemination of information, during mass mourning events. In addition, in some complex cases the legal assistance will be provided to affected families by professional lawyer who will be providing these services on a voluntary basis.

PSS will be provided in accordance with the IFRC recommendations and tools on Psychological First Aid and MHPSS. IFRC will provide necessary methodological assistance.

As per the request by the local authorities the Red Cross will provide psychosocial support to people who suffered as a result of the attack in line with the Plan of Action. The response operation will be supported by two PSS consultants of the Russian Red Cross who were leading similar operation in Kazan (terrorist attack on school), Kerch (attack on college), Kemerovo after the tragic fire in the Zimnyaya Vishnya shopping mall, in Beslan (attack on school) and other similar crisis situations. Due to their strong experience the consultants will deliver an initial induction workshop, will provide weekly skype consultations to the PSS teams in Perm and will support in managing complex cases and ensure relevant referrals.

The PRC will be responsible for close collaboration and coordination with relevant stakeholders in health institutions and local authorities.

The following eight interventions have been identified for this DREF operation:

1. **Induction PSS workshop** for PSS workers and volunteers recruited locally in Perm region. PRC is in contact with local MHPSS experts who know the targeted families in order to recruit 30 candidates to the PSS workshop and then select 20. The PSS workers have a long-standing experience in working with terminal AIDS patients, and through this work the Red Cross has developed a PSS model. Yet this approach is different to the one required in the situation of Perm University Attack. To ensure people have the right knowledge about PSS provision in the current context an induction workshop is an essential element of the operation.

2. **Develop conversational plans** with the beneficiaries to identify the level of anxiety in them. These interviews will be conducted during the initial home visits and with people who witnessed the tragedy.
3. **Carry out psychosocial visits** to the families who lost their relatives and to the injured and their families by the trained and equipped Red Cross MHPSS workers. First home visits will commence after the workshop.
4. **Conduct situation analysis and if necessary, provide psychosocial support** to students, teachers and family members of those who witnessed the tragedy and were traumatised. MHPSS workers will start visiting this group after the workshop. The MHPSS services will be provided through the individual and group sessions, including establishing and facilitating self-support groups in the University.
5. **Provide basic PFA during mass mourning events** by PSS workers and local volunteers.
6. **Increase knowledge and awareness of the victims and** members of their families about ways of grieving, including through provision of information booklets during individual meetings and public events.
7. **Provide consultative support, guidance and supervision** to the MHPSS team in Perm to help address emerging challenges and to deal with complex cases. This support will be available from two MHPSS consultants of the Russian Red Cross who have built the PSS models through their work with Beslan, Kemerovo, Kerch and other high impact crises. Within this support and supervision, the special workshop on burnt-out syndrome prevention will be organized for the MHPSS team members. The consultants will also use "peer Support and buddy system" to support the staff and volunteers.
8. **Advocacy** towards local authorities and by using mass media as and when necessary.
9. **Within the Operation period Russian RC will continue advocacy and fundraising activities to ensure further MHPSS services for affected people in more longer-term**
10. The Lessons learnt workshop will be organized at the end of the operation with involvement of representatives of other RRC branches and RCRC National Societies of CIS countries

C. Detailed Operational Plan



Health

People targeted: 1,640 people to be assisted¹

Male: 770

Female: 870

Requirements (CHF): 56,530

Needs analysis: According to official data, the attack at the Perm University resulted in 6 people being killed, 37 people injured, 24 of them are hospitalized. About 3,500 students and tutors and their families were directly and indirectly affected by the shootout as witnesses, and may get post-trauma, stress or other MH issues.

Population to be assisted: 1,640 people (870 women and 770 men) will be covered by MHPSS activities. The target group for MHPSS activities: 6 families of the victims and their relatives, 37 families of injured people and about 500 students, tutors, and their families (approx. 1,500 people) who were in the college during the attack and could be suffered with psychological trauma.

P&B Output Code	Health Outcome 1: The immediate risks to the health of affected populations are reduced	# people provided with psychosocial support activities (Target: 1,640) # of volunteers and PSS workers that participated in the induction workshop (Target: 40) # of PSS workers that attended the 2-days workshop on prevention of burnout (Target: 20) # of information materials printed and distributed (Target: 3,000) # of Lessons Learned Workshops organized (Target: 1) # of volunteers insured (Target: 20)															
	Health Output 1.5: Psychosocial support provided to the target population																
Activities planned / Week		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Coordination																	
AP023	Inform local authorities about the Project on PSS to families affected by the tragedy in the Perm University	X															
AP023	Establish communication with Departments of health and social protection in Perm region to get officially certified list of affected families with contact details		X														
AP023	Prepare a press release and inform the media and the public about the launch of the project	X	X	X	X												
AP023	Development of materials (briefing and reports to donors, beneficiaries case studies to reflect project impact)	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
AP023	Recruitment and formation of PSS team among trained volunteers to work in the project, signing of agreements (20 pers. + 2 coordinators of the Project in Perm)		X	X													

¹ Excluding the 40 staff and volunteers to be trained.

AP023	Provision of insurance to volunteers. Provision of detailed briefings on their role and possible risks	x	x	x	x	x	x	X	x	x	x	x	x	x	x	x	x	x
AP023	Involve MHPSS experts / consultants to work in the Project and advise complex cases (2 pers.)	x			x			X			x			x				
AP023	Monitoring and analysis of implementation of the Project activities, development and submission of reports				x				x				x					x
AP023	IFRC monitoring jointly with the emergency team volunteers			x			x						x					x
AP023	Administrative work	x	x	x	x	x	x	X	x	x	x	x	x	x	x	x	x	x
Task 1: To conduct an induction workshop for PSS workers and volunteers																		
AP023	Preparation and conduction of the induction workshop on rendering to the injured population psychosocial support in case of emergency situations (2-day) for staff and volunteers of the Perm regional RRC branch - 40 people. The IFRC MHPSS expert will be invited to provide assistance to RRC consultants in conducting training	x	x	x														
Task 2: To carry out psychosocial services to families of the victims and students affected by the attack in the Perm University by the trained PSS workers of the Red Cross in Perm region to help meet the needs of people and improve their psychosocial wellbeing																		
AP023	Organize the first home visits to determine the severity of the grieving experience (15 families per 1 PSS employee /2 families per day on 1 PSS worker)				X	X												
AP023	Get the official lists of victims, distribute beneficiaries under the PSS workers depending on the severity of grieving experiences for home visits			X														
AP023	Provide targeted psychosocial support at home during acute grieving period to families of victims and injured at the attack during the first 3 months after the tragedy. (2 families per 1 PSS worker)					X	X	X	X	X	X	X	X	X	X	X	X	X
AP023	To conduct a meeting with the students, who were in the university during the attack, to identify people needed of psychological support. To organize the daily presence of a PSS specialist either in the university or in the Red Cross Assistance Centre in Perm.					X	X	X	X	X	X	X	X	X	X	X	X	X
AP023	Conduct an assessment of the mental health and psychosocial wellbeing of families through a questionnaire. Fill in of beneficiaries' records					X		X			X			X		X		X
AP023	To create 5 duty teams of the MHPSS workers of the Project and arrange for the duty of the team members in places related to the need for the stay of the victims and their family members (cemetery during memorial days, a polyclinic, state institutions where documents are issued and compensation for the victims					X	X	X	X									

	and victims within 2 months), as well as during the special events - 40 days (30 October 2021)																
AP023	To conduct 2-days workshop for PSS workers on prevention of burnt-out syndrome									X							
Task 3. To increase the knowledge of affected people and their families on ways of grieving by disseminating information booklets and leaflets during individual meetings and social events																	
AP023	To publish information material aimed at helping the affected people on "How to cope with the grief (distress)" (3,000 copies) with the contact phones of the Red Cross in Perm region									X							
AP023	To distribute informational material among the affected families and their environment									X							
Task 4: To provide advice on the Project implementation and supervision of complex cases by the Red Cross consultants-psychologists																	
AP023	Two PSS consultants to conduct counselling of affected people in complex cases and ensure appropriate referrals and follow-up.					X			X			X			X		X
AP023	To provide professional supervision over the MHPSS workers, analysis of a complex cases and methodological support by the consultants-psychologists of the Red Cross in Perm region (2 people) (2 times a week by groups)					X	X	X	X	X	X	X	X	X	X	X	X
AP023	To conduct 2-days workshop for the MHPSS team to prevent the "burnout" syndrome									X							
AP023	Zoom consultations between PSS workers and two consultants for reviewing complex cases as and when required.					x	x	x	x	x	x	x	x	x	x	x	x
Task 5: To advocate for the interests of people affected by the attack in the local state institutions of Perm region and the media																	
AP023	Inform local authorities, emergency services and interested services in about the activities of the PSS project and establish contact with them for interaction		x														
AP023	Provide legal assistance to the affected families. In the most complex cases, a professional lawyer consultant will be provided free-of-charge					x	x	x	x	x	x	x	x	x	x	x	x
AP023	Provide information support for the project (press release, TV interviews, articles in the media)		X			x		x		x		x		x		x	
AP055	To organize Lessons Learned Workshop for staff and volunteers involved to the project as well as for representatives of some other RRC branches and RCRC NSs from CIS countries																x
AP023	To organize a round table with the participation of Perm city Administration and interested organizations in order to summarize the results of work															x	

Strategies for Implementation

Requirements (CHF): 22,977

P&B Output Code	S1.1: National Society capacity building and organizational development objectives are facilitated to ensure that National Societies have the necessary legal, ethical and financial foundations, systems and structures, competences and capacities to plan and perform																	
	Output S1.1.6: National Societies have the necessary corporate infrastructure and systems in place												<i># of staff and volunteers in Russian Red Cross resourced and dedicated to this operation. Target: 24 (1 Volunteer coordinator in Perm, 20 MHPSS specialists, 1 finance manager, 1 coordinator in Perm, 1 DM coordinator)</i>					
	Activities planned / Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	
AP042	Activities of Legal consultant	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	
AP042	Activities of RRC Finance manager	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	
AP042	Activities of Coordinator in Perm RRC branch	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	
AP042	Communication costs , internet services	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	
AP042	Employment of RRC DM coordinator	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	
AP042	Lessons Learned workshop (with participation of representatives NSs from CIS and regional branches)															x		
AP042	Ensuring proper financial management	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	
AP042	Ensuring timely reporting				x				x				x				x	

P&B Output Code	Outcome S3.1: The IFRC secretariat, together with National Societies uses their unique position to influence decisions at local, national and international levels that affect the most vulnerable.																	
	Output S3.1.1: IFRC and NS are visible, trusted and effective advocates on humanitarian issues												<i>Number of IFRC monitoring visits (target: 3)</i>					
	Activities planned / Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	
AP053	<i>IFRC monitoring visits (technical and communication staff)</i>				x				x				X				X	

D. Budget

The total budget for this DREF operation is **CHF 79,508**. [Please click here to see the budget.](#)

For further information, specifically related to this operation please contact:

In the Russian Red Cross

- Secretary General: **Pavel Savchuk**, email spo@redcross.ru , +74991267571
- Operational Coordination: **Alexander Kudakaev**, kudakaev@redcross.ru

In the IFRC Country Cluster Delegation

- **Alexander Mordovin**, Senior Health and Care Officer, Alexander.MORDOVIN@ifrc.org

In the IFRC Regional Office for Europe

- **Agnes Rajacic**, Senior DM Officer, agnes.rajacic@ifrc.org, +36 1 888 45 37
- **Andreas von Weissenberg**, Head of DCC, andreas.weissenberg@ifrc.org

In IFRC Geneva

- **Eszter Matyeka**, DREF Senior Officer, eszter.matyeka@ifrc.org
- **Karla Morizzo**, Senior Officer, DREF – Disaster and Crisis Department; Phone: + 41 22 730 4295, email: karla.morizzo@ifrc.org

For IFRC Resource Mobilization and Pledges support:

- **Andrej Naricyn**, Head of Partnerships and Resource Development, andrej.naricyn@ifrc.org

How we work

All IFRC assistance seeks to adhere to the **Code of Conduct** for the International Red Cross and Red Crescent Movement and Non-Governmental Organizations (NGO's) in Disaster Relief and the **Humanitarian Charter and Minimum Standards in Humanitarian Response (Sphere)** in delivering assistance to the most vulnerable. The IFRC's vision is to inspire, **encourage, facilitate and promote at all times all forms of humanitarian activities** by National Societies, with a view to **preventing and alleviating human suffering**, and thereby contributing to the maintenance and promotion of human dignity and peace in the world.

DREF OPERATION

MDRRU026 -Russian Federation - Perm University Armed Attack

30/09/2021

Budget by Resource

Budget Group	Budget
Medical & First Aid	520
Relief items, Construction, Supplies	520
Transport & Vehicles Costs	800
Logistics, Transport & Storage	800
National Society Staff	35,600
Volunteers	2,060
Personnel	37,660
Consultants	4,400
Consultants & Professional Fees	4,400
Workshops & Training	14,000
Workshops & Training	14,000
Travel	6,500
Information & Public Relations	8,000
Office Costs	400
Communications	800
Financial Charges	1,575
General Expenditure	17,275
DIRECT COSTS	74,655
INDIRECT COSTS	4,853
TOTAL BUDGET	79,508

Budget by Area of Intervention

AOF4 Health	56,530
SF11 Strengthen National Societies	19,037
SF13 Influence others as leading strategic partners	2,130
SF14 Ensure a strong IFRC	1,811
TOTAL	79,508

