RT has joined with Project Vietnam Foundation (PVF) to save newborn lives by bringing its highly successful Project “Healthy Baby” program to Viet Nam.

The number of Vietnamese babies who die during their first year of life is alarming high. Most of these deaths occur within the first 24 hours of life!

Vietnamese officials estimate that more than 40% of newborn death is caused by the inability of the baby to breathe. Through Project “Healthy Baby”, Vietnamese doctors and nurses who care for newborns are learning how to effectively resuscitate babies experiencing breathing difficulties or other medical emergencies that demand instant and effective intervention.

IRT will establish regional neonatal resuscitation training centers throughout Viet Nam (full country coverage). Each training center will be manned by IRT-trained Vietnamese instructors, who will in turn train other practitioners who care for newborns in their region.

With the assistance of PVF, IRT has already translated and published in Vietnamese all the training materials needed by the IRT-trained instructors to provide ongoing resuscitation training to their colleagues.

IRT’s first training team, consisting of Dan Stewart, MD, Professor of Pediatrics, University of Louisville School of Medicine, Christine Retta, NNP, Clinical Nurse Specialist at Kaiser Hospital (Oakland, CA), and Judy Collier, RN, Managerial Senior Consultant at Kaiser Permanente of Southern California, traveled to Viet Nam in November, where they set up the first two regional neonatal resuscitation training centers in Hanoi and Ho Chi Minh City.

Your support of this vital program will enable IRT to establish 16 training centers throughout Viet Nam over the next 3 years, and will help save the lives of countless Vietnamese babies for years to come.

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**2008 AT A GLANCE**

During the past year, IRT deployed 91 teams, involving 443 medical and construction specialists. IRT also provided more than $21.6 million in supplies and services to thousands of families in need worldwide.

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**We Want To Hear From You!**

Please direct any comments, questions or feedback regarding TEAMNews to Editor: **Susan Callahan** 619-284-7979 (scallahan@irteams.org)
DISASTER RELIEF

- **Bolivia & Guatemala:** IRT shipped nearly $1 million of relief supplies to aid flood victims in Bolivia and delivered 75 metric tons of emergency food to villagers in Guatemala who suffered crop failures from recent hurricanes.

- **Louisiana:** IRT sent 2 shipments of medicines and supplies worth more $66,400 to aid victims of Hurricane Ike.

- **Mississippi:** IRT deployed six skilled construction teams, totaling 98 volunteers, as part of its multi-year commitment to help poor and elderly victims of Hurricane Katrina repair or rebuild their homes.

- **California:** IRT provided more than $34,000 to address the unmet needs of San Diego County fire victims. IRT volunteers assembled 50 sheds for fire victims to store their personal items on their property as they began the process of rebuilding.

- **Mexico:** IRT worked through local relief agencies in purchasing essential medicines and supplies for flood victims in the State of Tabasco.

- **Haiti:** IRT, through local partners, purchased enough food and water for 25,000 desperate hurricane victims. IRT also provided three shipments of essential medicines and medical supplies worth more than $459,000, and airlifted 480 family-size tents to provide temporary shelter for left homeless by the storms.

- **Bangladesh:** IRT rushed a shipment of medicines and medical supplies worth more than $67,000 to Bangladesh to help victims of Cyclone Sidr.

- **Sudan/Darfur:** IRT airlifted 2 shipments of urgently needed medicines and medical supplies worth more than $2.9 million to Southern Sudan to assist Sudanese refugees fleeing Darfur, bringing the total amount of humanitarian aid IRT has provided during this humanitarian crisis to nearly $13.5 million.

- **China:** IRT supplied more than 1,000 family-size tarps and 20,000 bottles of antibacterial hand sanitizer to earthquake victims.

- **Myanmar:** IRT airlifted a large container of medicines and relief supplies worth nearly $238,000 into Myanmar (Burma) to aid cyclone victims.

MEDICAL TRAINING

- **Romania:** IRT medical specialists completed Project “Healthy Baby” - Romania, a 4 year program to improve newborn care. IRT trained a total of 136 Romanian instructors in neonatal resuscitation and another 86 instructors in infant stabilization.

- **Vietnam:** In partnership with Project Vietnam Foundation, IRT launched Project “Healthy Baby” - Vietnam to address the country’s alarmingly high neonatal mortality rate.

- **Lithuania:** Cardiac resuscitation instructors, previously trained by IRT, have formed an International Training Center (ITC), officially recognized by and affiliated with the American Heart Association. A team of IRT medical specialists traveled to Lithuania to re-certify these instructors in basic and advanced pediatric and/or adult cardiac resuscitation, as part of the affiliation requirements.

HEALTH PROMOTION & DISEASE PREVENTION

- **Honduras, Ivory Coast, Iraq, Lithuania & Liberia:** IRT sent essential medicines and medical supplies worth $10 million to Honduras, $4.8 million to Ivory Coast, $1.6 million to Iraq, $557,000 to Lithuania, and $115,000 to Liberia to alleviate shortages in hospitals and clinics throughout these countries.

- **South Africa:** IRT sent 75 metric tons of fortified dehydrated food to clinics in the Eastern Cape province of South Africa to support the nutritional needs of patients living with HIV/AIDS, including pregnant women and their families.

SURGICAL & CLINICAL OUTREACH

- **Papua, New Guinea:** IRT medical volunteers provided specialized surgical and clinical services during a 2 week assignment aboard the USNS Mercy at Port Moresby.
From 1998 through 2003, IRT conducted Project “Life Support” in Lithuania. This program, a national “train the trainer” program, developed a cadre of Lithuanian instructors qualified and equipped to teach modern methods of basic and advanced cardiac resuscitation to emergency room, intensive care, and ambulance personnel throughout the country.

This dedicated group of IRT-trained instructors has now trained more than 5,500 practitioners in modern methods of cardiac resuscitation. Most notably, they have recently established an International Training Center, recognized by and affiliated with the American Heart Association (AHA), whose life support courses set the international standard.

The Lithuanian instructors have asked us to pass on their sincere thanks to all the volunteers and donors who enabled them to achieve this significant milestone.

In August, IRT medical volunteers traveled to Port Moresby, Papua New Guinea where they provided specialized surgical and clinical services during a two-week assignment aboard the USNS Mercy - a floating 1,000 bed hospital with 10 fully equipped operating rooms.

IRT was one of four U.S.-based nonprofit organizations selected to participate in this collaborative humanitarian mission with the U.S. military. The hospital ship treated 25,179 patients and performed 346 surgeries in Papua, New Guinea. Our team included Hal Forney, M.D., Terry Holbrook, F.N.P., Debbie Kaufman, C.R.N.A., Therese Rymer, N.P. and Evelyn Snyder, R.N.

This was IRT’s second assignment aboard the USNS Mercy. In July 2006, IRT volunteers joined the ship in Indonesia where they provided humanitarian assistance for hundreds of people residing on earthquake-damaged Nias Island and the Tsunami-ravaged area of Banda Aceh.
We would like to thank all who attended and supported IRT’s 2008 “Gifts of Hope” Gala. We would also like to extend our deepest appreciation to the volunteers who worked so hard to make this event our most successful fundraiser ever! We are very grateful to Carol Le Beau, San Diego KGTV-10 News Anchor, for emceeing the event and Steve Hamann for being our auctioneer, extraordinaire!

We especially want to thank the following Sponsors:

**Platinum Sponsors $5,000+**
- A.C. & Patricia D’Augustine
- Jeff Roos Foundation Fund

**Diamond Sponsors $1,000+**
- A1 Self Storage
- Amigos De Vista Lion’s Club
- Carol & Ollie Biederman, M.D.
- Kim & Marian Crosser
- Robert M. La Forgia
- Mark C. Niblack, M.D.
- T.B. Penick & Sons
- Ron & Marlene Ruiz
- St. Gregory the Great Church
- Ajit Varki, M.D. & Nissi Varki, M.D.

**Gold Sponsors $500+**
- Ed Hanson’s Muffler Service
- Mission Basilica San Diego de Alcala
- St. Joseph’s Cathedral
- Sam & Marilyn Trozzo

**Silver Sponsors $200+**
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The Immaculata
Kathy & Henry Maguire, M.D.

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A.C. & Patricia D’Augustine
Steve Dillaway -The Loan Company
Ron Edelson, M.D.
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Elizabeth & Hal Forney, M.D.
Kaiser Permanente/Diane Strum
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Larry & Teresa Saunders
Marinus & Sheila Schoenmakers
Toni & Frank Scotti, M.D.- North County Eye Surgery
Shea, Stokes, Roberts & Wagner
St. Martin of Tours Church
Dave & Robin Tanner
Ned & Dorinda Vanderpol
Rich & Sundi Yousko

A very special thank you to San Diego Bay Flowers for their generous donation of flower arrangements for the Gala!
About Our Hosts . . .

Jeannie Niles, a real estate and investment broker in the San Diego and Palm Springs areas, has been a friend to IRT since its inception 20 years ago and her sustained support has been invaluable. Jeannie is impressed by the amount of goodwill IRT volunteers generate by using their compassion and skills to help alleviate suffering worldwide. She also likes the fact that IRT medical volunteers promote self-sufficiency and sustainability in emerging nations by imparting their expertise to local trainers, who can then carry on the training of others.

One of IRT’s most loyal supporters, Steve Dillaway, General Partner of The Loan Company in San Diego, spearheaded the establishment of IRT’s Endowment Fund, which is helping to secure the future of IRT and its vital programs. Steve is particularly gratified that through IRT he is able to help “empower” individuals and families that have been victimized by disaster, poverty or neglect. For Steve, IRT is a perfect vehicle in which to deliver humanitarian relief to those in need!

Sheila and Riny Schoenmakers have been supporters of IRT since 1995. Sheila is the President and owner of North City Coverall; Riny is Vice President and co-owner of Tapestry Solutions. They feel blessed and are happy to extend a helping hand to the less fortunate in this world. Sheila and Riny feel the best way to extend that hand is through IRT.

We are indeed fortunate to have such warm, enthusiastic and caring persons such as Jeannie, Steve, Sheila and Riny on our team. On behalf of those who will be helped because of their generosity and compassion,

We want to thank the following Hosts:

Steve Dillaway • Jeannie Niles
Sheila & Riny Schoenmakers

We were extremely proud and honored to host this year’s “Gifts of Hope” Gala, as IRT celebrated its 20th anniversary. In reaching this important milestone, IRT has clearly established a legacy of compassion for those in desperate need both here and abroad.

Each year, IRT helps so many:

◆ Victims of natural disasters and war
◆ Doctors & nurses who need training so that they can provide competent care to their patients
◆ Men, women, and children living with HIV/AIDS
◆ Hospitals in developing countries in critical need of essential medicines and supplies
◆ Blind and disfigured villagers who desperately need surgery they cannot afford

The “Gifts of Hope” Gala provides the funds by which IRT and its dedicated volunteers can continue this important work worldwide.

IRT has an efficiency matched by few – each year more than 95% of all donations are applied to programs. That’s one of many reasons why we have been long-time financial supporters of IRT. We hope you will join us throughout the year to support this most worthy cause.

Thank You!
INTERNATIONAL RELIEF TEAMS  
Audited Statement of Activities  
For the Years Ended June 30, 2008 and 2007

<table>
<thead>
<tr>
<th></th>
<th>2008</th>
<th>2007</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Unrestricted Net Assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Revenue and public support</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Public contributions</td>
<td>$570,792</td>
<td>$703,650</td>
</tr>
<tr>
<td>Grants</td>
<td>299,649</td>
<td>158,739</td>
</tr>
<tr>
<td>Gifts-in-kind</td>
<td>25,773,230</td>
<td>5,983,713</td>
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<tr>
<td>Fundraising - special events</td>
<td>247,466</td>
<td>212,774</td>
</tr>
<tr>
<td>Investment income</td>
<td>67,079</td>
<td>62,862</td>
</tr>
<tr>
<td><strong>Total unrestricted revenues and public support</strong></td>
<td>26,958,216</td>
<td>17,121,738</td>
</tr>
<tr>
<td>Net assets released from restrictions</td>
<td>11,759</td>
<td>60,447</td>
</tr>
<tr>
<td><strong>Total revenue and public support</strong></td>
<td>26,969,975</td>
<td>17,182,185</td>
</tr>
</tbody>
</table>

| **Expenses** |          |          |
| **Program services:** |          |          |
| Disaster response   | 5,384,412 | 12,003,050 |
| Clinical and surgical services | 16,398 | 132,498 |
| Disease prevention/Health promotion | 21,017,317 | 4,055,851 |
| Medical training    | 141,402   | 532,049  |
| Public awareness    | 44,256    | 39,276   |
| **Total program services** | 26,603,785 | 16,762,224 |
| **Supporting services:** |          |          |
| General and administrative | 157,079 | 142,401 |
| Fundraising          | 219,303   | 190,354  |
| **Total supporting services** | 376,382 | 332,755 |
| **Total expenses**   | 26,980,167 | 17,095,479 |

| **Increase (decrease) in unrestricted net assets** | (10,192) | 86,706 |

| **Temporarily Restricted Net Assets** |          |          |
| Donations received in advance of services provided | 198,280 | 12,660 |
| Grants received in advance of services provided    | 97,954   | -        |
| **Net assets released from restrictions** |          |          |
| - satisfied by payments | (11,759) | (60,447) |
| **Increase (decrease) in temporarily restricted net assets** | 284,475 | 47,787 |

| **Permanently Restricted Net Assets** |          |          |
| Endowment                             | 10,000   | 10,000   |
| **Increase in permanently restricted net assets** | 10,000 | 10,000 |
| **Increase (decrease) in net assets**  | 284,475  | 48,919   |
| Net assets at beginning of year       | 1,400,295 | 1,351,376 |
| **Net assets at end of year**         | $1,684,578 | $1,400,295 |
| **Fundraising & Administrative**      | $376,382 | $332,755 |
| **Program services**                  | $26,603,785 | $16,762,224 |
| **Total expenditures**                | $26,980,167 | $17,095,479 |

**FUNDRAISING & ADMINISTRATIVE 1.4%**  
**PROGRAM SERVICES 98.6%**
IRT is proud to announce that in September, IRT successfully completed Project Healthy Baby- Romania. During the past 4 years, IRT established 11 training centers throughout Romania, and trained 136 instructors in neonatal resuscitation and another 86 instructors in infant stabilization. These instructors have already trained more than 1,350 practitioners who deliver or care for newborns, and will continue this vital training until national standards are firmly established.

IRT wants to thank American Academy of Pediatrics and the American Heart Association who gave IRT permission to translate and publish their Neonatal Resuscitation Program (NRP) textbook in the Romanian language, and to Kris Karlsen who not only gave us permission to translate her fine textbook involving post-resuscitation stabilization of the infant (S.T.A.B.L.E.), but also spent countless hours serving as a format editor of the Romanian edition.

We also want to thank all our medical volunteers who helped train the Romanian instructors, and especially our Board Chairman and neonatal project coordinator, Brian Saunders, MD, who not only gave direction and guidance to the program, but also spent many weeks as a trainer in Romania. Finally, we want to thank the Medtronic Foundation and the Humana Foundation for their substantial support of Project “Healthy Baby”- Romania, as well as our individual supporters who saw the importance of saving the lives of Romanian newborns - they represent the hope and future of this emerging nation.

Romanian neonatal instructors training students in Targa Mures, Romania

2009
VOLUNTEER TEAM OPPORTUNITIES

Our volunteers change lives...ordinary men and women doing extraordinary things!

The only qualification you need is a willing heart.

CONSTRUCTION TEAMS

MISSISSIPPI • Disaster Relief
Skilled construction volunteers (carpenters, roofers, dry wallers, framers) are needed to help rebuild/repair homes for victims of Hurricane Katrina. First team for 2009 is scheduled for January 25-Feb.1. $100 participation fee.

SAN DIEGO • Disaster Relief
Skilled and unskilled volunteers are needed to assemble lockable storage units for uninsured and underinsured families that lost their homes during the wildfires of October 2007. Volunteer opportunities available Monday, Tuesday & Wednesday of each week.25-Feb.1. $100 participation fee.

For more information call Tamra at our office at 619/284-7979.

7-Day Dream Vacation Drawing

We are pleased to announce that Sandy Musbach of Carlsbad, CA was the winner of IRT’s drawing for a “7-Day Dream Vacation for Two”, held on September 15. Thanks to all of our supporters who participated in the drawing!
International Relief Teams

is an international disaster relief and health care development organization. Founded in 1988, IRT assists victims of disaster and profound poverty worldwide.

IRT is classified as a charitable organization under section 501(c)(3) of the IRS code. All contributions and bequests are deductible to the extent allowed by the law, and can be made by mail or on-line on our secure website at www.irteams.org.

Donate Your Vehicle to Benefit
INTERNATIONAL RELIEF TEAMS
IT’S TAX DEDUCTIBLE!

CARS, BOATS, RVS, AIRPLANES, ETC.

Did you know International Relief Teams is now able to accept used car donations in California through the not-for-profit corporation, Cars 4 Causes? They handle all the paper-work, title change, free pick up and sale of the car. It’s easy, all you need to do is pick up the phone and call 1-800 766-2273. We receive the donation, and you receive the tax deduction!

Annual Cruise Drawing
YOU CHOOSE YOUR DESTINATION!

It’s time for IRT’s annual drawing for a fabulous 7-day cruise for two to support our outreach to impoverished children throughout the world. Entry tickets have already been mailed to you. If you desire additional tickets, call our office at (619) 284-7979.

*Remember to return your tickets for the January 31st drawing!

You may ask if your $20 per month donation would really make a difference.

INDEED, IT WOULD!

In fact, if everyone who receives this newsletter gave just $20 per month, we could double the amount of help we presently give worldwide.

If you find writing a monthly check a hassle, IRT provides a free automatic withdrawal service whereby your monthly donation is sent to us directly from your bank account.

So please join with others in providing the financial foundation we need to continue helping those who find themselves victims of disaster and poverty.

*Make your donation on line on our secure website at www.irteams.org