Millet, maize, and sorghum are the most important food commodities for household consumption. Millet is the staple of the most vulnerable households, while maize and sorghum also contribute to the food basket of a majority of all households. Sankaryare market is the largest and most important market in Ouagadougou and supplies other markets within the country and region. Koudougou is located in one of the most populated areas in the country, where a majority of households depend on the market for their food needs. Djibo is in the highly vulnerable Sahelian zone. Poytenga is an assembly market for products from Nigeria, Ghana, Benin, and Togo. Solonzo is a rural market located in the middle of a surplus production zone. Bobo Dioulasso is important center for both consumption and production – it functions as both the economic capital of Burkina Faso and is located in an important cereal production zone.